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• NORTH CAROLINA •

Alzheimer's Foundation of America  
322 Eighth Ave., 7th fl.  
New York, N.Y. 10001

July 17, 2015

Re: Guiding Lights Dementia Training

Mr. Fuschillo and Alzheimer's Foundation Team Members,

On June 3<sup>rd</sup>, 2014, I attended a day-long training on caring for individuals with dementia at Guiding Lights. This class was relevant to me because I own and lead an in-home care company providing care to over 100 clients, the majority of whom have some degree of dementia. I learned more about how to communicate with, care for, and connect to dementia patients in my one day at Guiding Lights than I did in my twelve week Nursing Assistant course at a local community college.

The instruction was exceptional. Nicole Bruno and Julie Falconer varied the format every 20-30 minutes, alternating between role playing, introspective writing, and group discussion to keep every single participant engaged the entire day. Their deep experiences as caregivers (and as a care recipient) gave them instant credibility with the class.

I still remember learning from the class that I would need to heighten my awareness of things like body language, tone and volume of voice, and overall pace when caring for a dementia patient. This ever present reminder to focus on all aspects of how I communicate has been invaluable.

All caregivers, whether they are paid professionals, family members, or friends, should have the opportunity to learn from the Guiding Lights dementia training program. Thank you for your support in helping to further that worthy goal. It is perfectly aligned with the Alzheimer's Foundation of America's mission to provide optimal care and services to individuals confronting dementia. Any funds invested in Guiding Lights will do more to help more people tomorrow than any other investment the Foundation could make.

Please feel free to contact me at 919.309.4333 or email at [ari@nursecarenc.com](mailto:ari@nursecarenc.com) if you would like to discuss this further.

Warmly,

Ari S. Medoff  
CNA & CEO, Nurse Care of North Carolina



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